

## NOTICE OF NO USAGE OF FACIAL COVERINGS/MASKS

DATE: \_\_\_\_\_  
FROM: EMPLOYEE NAME  
TO: EMPLOYER/COMPANY NAME  
ATTN: GENERAL MANAGER, HR MANAGER (as applicable)  
RE: **USE OF FACIAL COVERINGS/MASKS AT WORK**

Dear General Manager, HR Manager,

Please be advised that I will not be wearing any facial coverings, masks, faceshields, or any other similar devices, hereinafter masks, for any reason at work or at any work-related activity. I base this on the following:

1. I do not have COVID-19 and I do not have any symptoms associated with any such or similar flu-like diseases, and as noted by Dr. Fauci and the World Health Organization, asymptomatic carriers do not spread the disease.<sup>1</sup> I will practice reasonable distancing from other employees, subcontractors, patrons/patients, and visitors, and will follow common sense and logical sanitary practices. If at any time I were to feel or show any minimal symptoms typical of these diseases, such as a rise in body temperature, I will not come to work and I will immediately advise my supervisor of this, returning to work only until all symptoms have been resolved and have disappeared.

2. **(ONLY IF APPLICABLE)** I have a medical condition that precludes me from wearing a mask, as it affects my health. County health departments, such as the one in San Diego County, California, make it clear that persons with certain medical conditions should be exempt from wearing masks.<sup>2</sup> Your organization's policies must conform to the guidance/order and allow me to be exempt from wearing a mask.

3. The use of a mask is contrary to my religious practices and rights. God gave me oxygen to breath in order to live. The use of masks reduced the oxygen level being inhaled and forces the wearer to re-inhale carbon dioxide, so that it creates a dangerous hazardous atmosphere for the person using the mask, which might and does result in headaches, increased airway resistance, suffocation, hypoxia, incapacitation, acute illness and the risk of death,<sup>3</sup> and thus defiles my body, which is the Temple of God, which God prohibits me to do.<sup>4</sup>

4. **PROBABLY MOST IMPORTANT: NO FACIAL COVERINGS STOPS SOMEONE FROM BEING INFECTED WITH ANY VIRUS, OR TO GIVE IT TO ANYONE ELSE.** Studies done with N-95 and similar masks prior to COVID-19,<sup>5</sup> as well as recently,<sup>6</sup> prove that no facial covering will stop a virus from infecting a person or stopping transmission (**just like vaccines don't stop infection or transmission**). This is even more the case for regular medical surgical masks and commercially sold disposable face masks intended for public use. While the picture here shows a person with a surgical mask, a similar result is obtained when doing a test with an N-95 or similar mask.



5. **NOTICE OF LIABILITY.** While I would like to continue working here, **refusal to allow me to work without wearing a mask or coercing me to wear a mask will be considered a violation of my rights, a violation that may result in action against you. This is regardless of vaccination status. Further it will result in employment DISCRIMINATION based on my constitutionally protected religious rights**, as noted in Title VII of the U.S Civil Rights Act, reflected in EEOC rulings.<sup>7</sup> Other violations include those under US CODE Title 18, Section §242, Deprivation of rights under color of law. See also 42 USC 2000a. **Your business has no legal responsibility or liability, nor will it get a fine for allowing me to be at work and at related activities without a mask when I have expressed my legal right and intent not to do so.** I take full responsibility for me not wearing a mask and hold you harmless for allowing me to do so.

RESPECTFULLY SUBMITTED,

Your signature

Your name

Your email -- (try to maintain all communications by email so you will have proof of the interactions)

<sup>1</sup> See Fauci' declaration, at <https://tinyurl.com/Fauci-Asymptomatic-Cases>; see the WHO's declaration at <https://tinyurl.com/WHO-COVID-Transmission-Rare-3>; see recent study involving 10 million individuals, at <https://tinyurl.com/CV-Asymptomatic-10M-Study>.

<sup>2</sup> See San Diego County exemption to masking in virus and COVID-19 circumstances, at <https://tinyurl.com/SD-County-Mask-Exemption>.

<sup>3</sup> See the harm of masks, <https://tinyurl.com/Study-Masks-Affect-Health>; see also <https://tinyurl.com/Study-Masks-Harm-Children>.

<sup>4</sup> See the Holy Bible, at 1 Corinthians 3:16; 1 Corinthians 3:17; and 1 Corinthians 6:19.

<sup>5</sup> See April 2020 mask efficiency study, at <https://tinyurl.com/Rancourt-Masks-Dont-Work>;

<sup>6</sup> See the CDC's unsupported claims that masks stop transmission COVID-19, at <https://tinyurl.com/CDC-Unfounded-Mask-Policy>.

<sup>7</sup> See <https://www.eeoc.gov/religious-discrimination> and <https://www.eeoc.gov/litigation>, where it states, **"The law forbids discrimination when it comes to any aspect of employment, including hiring, firing, pay, job assignments, promotions, layoff, training, fringe benefits, and any other term or condition of employment."** See also U.S. EEOC v. Saint Vincent Health Center, Civil Action No. 1:16-cv-234.