

The Mystics of the Heart

A Free Church of God and his Plants

Disciples of the [Natural Law Church of Health and Healing](#)

We consider the [Purpose](#) and the [Principles](#) of the Natural Law Church of Health and Healing as self-evident and our basis. Please click on the 3 links above for further information.

As mystics we emphasize on the direct experience of God. We acknowledge, that there are many ways to God and accept and respect all religions and spiritual paths that do not harm other sentient beings. Our personal boundaries end there where those of the others start. On the material level we do have a great variety of people that are all different in regards of their specific preconditions, characteristics and are at different stages of their spiritual development. Therefore God reaches out to us in the language we are able to understand best at the time.

We believe that God provided us with everything we need in it's optimal form and that the more we move away from the natural state the more harm we do to ourselves and our surrounding. We see God and his wonders in nature, and love and respect her, recognize our total dependency on her, and are grateful for her gifts.

We believe that it is wrong to cause harm to any sentient being only to fulfill our greed and therefore apply a vegan lifestyle, preferably raw.

„But I do say to you: Kill neither men, nor beasts, nor yet the food which goes into your mouth. For if you eat living food, the same will quicken you, but if you kill your food, the dead food will kill you also.

For life comes only from life, and from death comes always death. For everything which kills your foods, kills your bodies also. And everything which kills your bodies kills your souls also.“

From the Essene Gospel of Peace

We constantly strive for becoming a better version of ourselves. Meditation, prayer, song, studying, plant medicine ceremonies and the spiritual community are helpful tools. And of course by applying a proper diet and lifestyle that keeps our minds unclouded and our bodies clean and disease-free. Our bodies are a gift from God and his temple, not properly taking care of them would be disrespecting him. Only with a clean and pure temple are we able to receive God fully in us.

Living and operating on the most active volcano of the world, we acknowledge and respect the local tradition of Pele being the one in charge of our beautiful island. We strongly believe in the Hawaiian principles of


- Aloha (caring, compassion for others, love, affection)
- Ha`aha`a (humility, humbleness, modesty)
- Ho`omau (preserve, perpetuate, continue)
- `Ike Pono (to know, to feel, to understand)
- Kokua (help, assist, comfort, support)
- Kuleana (privilege, responsibility, title, job)
- Kupa`a (stand firm, steadfast)
- Laulima (many hands working together)
- Lokahi (unity, agreement, accord)
- Mahalo (thank you)
- Malama (caring, nurturing others, to protect)
- Ohana (family)
- Pono (right, good, moral, fair, just)
- HO`OMA`EMA`E (Living with respect and honoring one's person and body inspires others by example. Pure, clean and to cleanse)

Having love for another, taking care of our responsibilities, giving help and receiving help, being thankful for what we have and not wasting materials and food, doing the right thing and taking care of each other is self-evident.

In addition we recognize the necessity of developing self-discipline if we seriously want to move forward on the spiritual path. We are dedicated to truth and self-responsibility and try to stay in our personal integrity, which includes dependability and accountability. We treat all our fellow creatures – human and non-human - with kindness.

We are aware of how dangerous media consumption / the use of electronics of any kind can be - in particular for our keikis - and restrict the use of it to the absolute minimum and necessary. It appears that the devil is reaching out to us this way and successfully manipulates us and clouds our vision and judgement. The guidance we need God provides us in meditation, during prayer and contemplation and through intuition and synchronicities.

God is Love.



Currently available on the big island of Hawaii is pastoral care like counselling, guidance and live get-togethers for mutual support. On request and if enough interest common song circles / ceremonies can be organized.

In progress is a monastery and healing/meditation/retreat-center where in addition to that regular ceremonies / song circles will be offered and people can come and stay for guided healing retreats.

[Bible quotes that support our vegan standpoint:](#)